

THE PHYSIOTHERAPIST: WHO, WHAT, WHERE, WHEN AND WHY

WHO IS THE PHYSIOTHERAPIST

This is the health professional who evaluates the person as a whole, and responds to their health needs by improving quality of life in all areas, through careful prevention and treatment of health problems.

WHERE DOES A PHYSIOTHERAPIST WORK?

They work in the public and private sectors: private practices, accredited centres, home visits, residential care facilities, hospital wards and specialist facilities.



WHY RELY ON A PHYSIOTHERAPIST?

Because a Physiotherapist enrolled in the Order is a qualified health professional, guaranteeing the protection and health promotion of citizens.

WHAT DOES THE PHYSIOTHERAPIST DO?

After careful functional evaluation, the physiotherapist carries out activities aimed at health promotion, prevention, care and rehabilitation for all age groups and in many areas.

WHEN TO CONTACT A PHYSIOTHERAPIST?

When you have pain or problems that may limit your autonomy and quality of life, contact your Physiotherapist so that they can assess the problem and intervene in the prevention, onset, care and management phase.

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